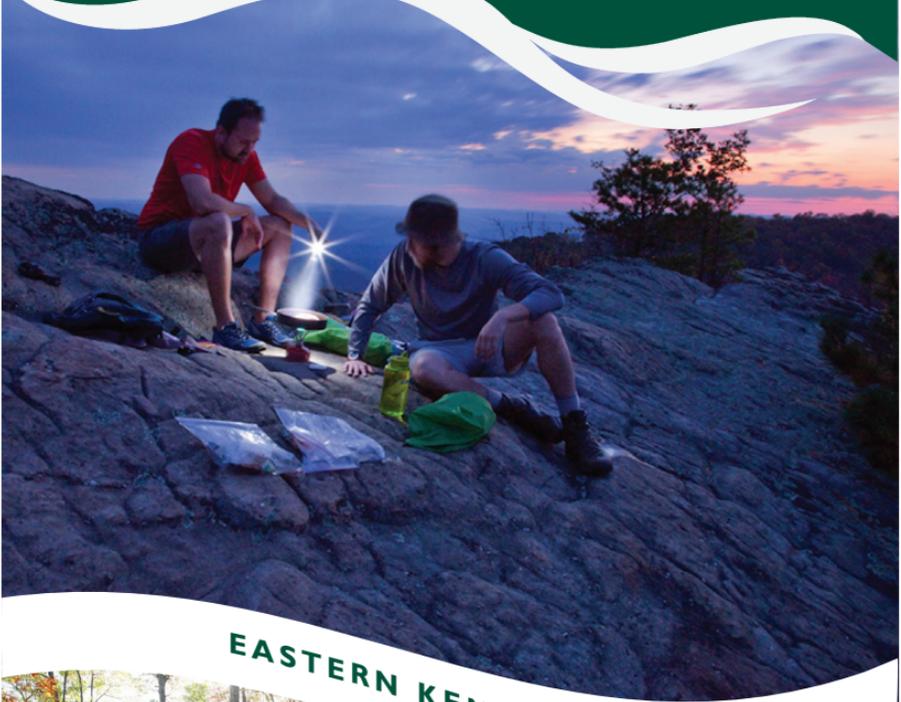
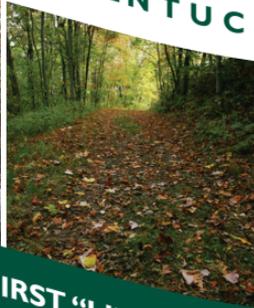
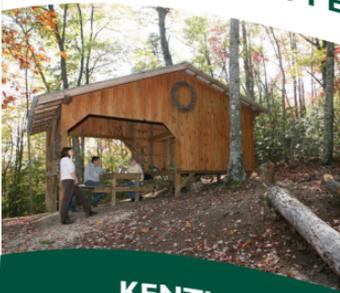


KENTUCKY STATE PARKS

# Pine Mountain State Scenic Trail



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# Pine Mountain State Scenic Trail

Pine Mountain State Scenic Trail (PMSST) is a linear park still under development. Once completed, the trail designed for backpacking and hiking, will span approximately 120 miles from Breaks Interstate Park to Cumberland Gap National Park and pass through many natural areas such as Bad Branch State Nature Preserve, Kingdom Come State Park and Blanton Forest along the Pine Mountain range. The trail will be a means for showcasing the wild highlands and conserving the natural and cultural heritage of Appalachia for future generations.

The PMSST will also be utilized as a segment of the proposed great Eastern Trail that will link existing trails in the Appalachian Mountains into a new trail stretching from Alabama to New York.

Currently a contiguous trail connects Breaks Interstate Park to Kingdom Come State Park, in three sections. From Breaks to US 23 is the Birch Knob section and the US 23 - US 119 is called the Highlands. All together they total 57 miles. Three Shelters can be found along the trail so far (Flamingo and Adena Springs Shelters on the Highlands Section, and the Black Bear Shelter on the Little Shepherd Section). There are also several designated backcountry campsites.

Footpath is not yet completed beyond US 119, but for the moment, 13 miles of the Little Sheperd Trail/State Route 1679 is blazed for hikers and is serving as part of the PMSST. The LST is a narrow, 1.5 lane blacktop road open to vehicular traffic, though lightly traveled. From US 119 to Kingdom Come State Park is 14 miles where primitive camping and water is available.

Section Name	Length (miles)	# of Shelters	Start to Finish
Birch Knob Section	28 miles	none	Breaks to US 23
Highland Section	16 miles	2	US 23 to US 119
Little Shepherd Trail	38 miles	1	US 119 to US 421

## Pine Mountain Trail Conference

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