

Carter Caves

State Resort Park



March 1-3, 2013

Tracking & Woods Lore Workshop

presented by Trails, Inc.



Step back in time to the 18th century, when American Indians and European Americans lived closer to nature. Learn some of the skills that were necessary for everyday life, and of the cultural sharing that has made our modern lives richer. Enjoy nature, drama, tracking, & history in outdoor and indoor settings.

Camping will
Be available.



WORKSHOP PACKAGE

Admission to all workshop programs Friday night - Sunday morning.

\$25 per adult (16yrs & up)

\$15 per child (15yrs & under)

WORKSHOP & LODGING PACKAGE

Admission to all workshop programs Friday night - Sunday morning
Two nights lodging in Lewis Caveland Lodge

\$124.95 +tax for one adult (single occupancy room)

\$149.95 + tax for two adults (double occupancy Room)



Breakfast - 7:00-10:00

Lunch - 11:30-2:00

Dinner - 5:00-8:00

SEE FULL SCHEDULE OF ACTIVITIES ON THE BACK OF THIS FLYER!



Call 1-800-325-0059 for information and reservations
Carter Caves State Resort Park • 344 Caveland Drive
Olive Hill, Kentucky 41164
PARKS.KY.GOV



SCHEDULE OF ACTIVITIES

FRIDAY EVENING

7:00pm – 8:45pm – Grayson Room in Lewis Caveland Lodge

- Welcome to the Park
- Cultural sharing in the 18th century.
- Story: "EASTERN WOODLAND INDIANS"
- Hunting techniques of the Eastern Woodland Indians.



"DEM BONES GONNA RISE AGAIN" – Mental Skill with Skulls (Available all Weekend)

8:45pm – 9:00pm Break – Overview of activities

9:00pm – 9:30pm TRACKING WALK: "LISTEN TO THE DARK" – Attune your senses to nocturnal life

SATURDAY MORNING

9:00am – 9:45am INTRO TO TRACKING Grayson Room in Lewis Caveland Lodge

9:45am – 10:30am WORKSHOP: PAW PRINT IDENTIFICATION

10:30am – 12:30pm PLACE: Location to be announced.

TRACKING WALK: "NOSE TO THE BREEZE & EAR TO THE GROUND"



SATURDAY AFTERNOON

12:30pm – 2:30pm LUNCH ON YOUR OWN

(This would be a good time to hone your bone identification skills with 'Dem Bones')

2:30pm – 4:30pm TRACKING WALK (EASY TRAIL WALK) –Outside Activity
OR

2:30pm – 4:30pm TRACKING WALK (MODERATE TRAIL WALK) – Outside Activity

5:00pm – 7:00pm DINNER ON YOUR OWN.

7:00pm – SLIDE SHOW: ITS ONLY NATURAL – EARLY NATURALIST AND NATIVE
PLANTS USED IN APPALACHIAN CULTURE TODAY

SUNDAY MORNING

9:00am – 11:00am Choose one of the following activities.

Option #1: TRACKING WALK (MODERATE TRAIL WALK) – Outside Activity
EMPAHSIS ON ANIMAL SIGNS & ANIMAL CALLING

Option #2: NATURALIST ACTIVITY – Inside Activity
SCIENTIFIC COLORING, TRACK MAKING AND OTHER ACTIVITIES

11:30am – REVIEW DEM BONES AND RECAP

