



KENLAKE

Lunch and Dinner

Appetizers

Loaded Nachos

Fried flour tortillas, topped with bacon, cheese, fresh pico de gallo, and jalapenos...8

Fried Mushrooms

Button mushrooms fried to a golden brown. Perfect for sharing...6.50

Mozzarella Cheese Sticks

Creamy mozzarella cheese sticks, rolled in a crumbly breading, fried to a golden brown and served with a rich marinara sauce...6.50

Fried Green Tomatoes

Slices of green tomatoes dipped in buttermilk and rolled in seasoned cornmeal, and served with spicy ranch dressing...7

Onion Rings

Beer Batter onion rings, fried to a golden brown, and served with a side of Texas petal sauce for dipping....6.50

Fried Pickles

Hand battered pickle spears, served with a side of ranch...6.50

Combo App

A sampling of our most popular appetizers. Mozzarella sticks, fried mushrooms, onion rings and fried green tomatoes...9.50

Soups and Salads

Chef Salad

Fresh mixed salad greens topped with sugar cured ham, roasted turkey, Swiss and American cheeses, bacon crumbles, croutons, tomatoes and served with your choice of dressing...8.50

Chicken Strip Salad

Fresh mixed salad greens topped with your choice of fried chicken strips or marinated grilled chicken, shredded cheddar cheese, bacon crumbles, croutons, tomatoes and served with your choice of dressing...9

Garden Salad

Large serving of mixed salad greens topped with grape tomatoes, cucumbers and red onion rings. Served with choice of dressing and crackers...6

Taco Salad

Tortilla shell fried to a golden brown with refried beans, lettuce, tomatoes, sour cream and guacamole. With beef...8 With grilled fajita chicken...9

Soup and Salad Bar

Help yourself to our all you can eat soup and salad bar, (when available)...8

Soup of the Day

Ask your server for today's variety of our homemade soup. Cup 3: Bowl 3.50

Burgers

All burgers served with fries.

All American Burger

Our 6-ounce hand-pattied fresh ground beef burger...7 with cheese...7.50 with bacon & cheese...8.50

Mushroom and Swiss Burger

Satisfy your taste buds with this timeless classic. Hamburger cooked to perfection and topped with sautéed mushrooms and Swiss cheese...8

Kenlake House Burger

A Kenlake original! Beef and Pork blend patty, topped with a fried egg, Swiss cheese and bacon....9

Sandwiches

All sandwiches served with fries.

Reuben

Grilled marbled rye with tender sliced corned beef, melted Swiss, sauerkraut and Thousand Island dressing...8.50

Louisiana Style Po'Boy

A Bayou favorite! Shrimp or BBQ pork. BBQ Pork....8 Shrimp....8.50

Catfish Sandwich

Mild catfish fillet rolled in our seasoned meal and fried to a golden brown...8

Club Croissant

A flaky croissant with sliced turkey breast, sugar-cured ham, crisp bacon, American and Swiss cheeses, lettuce and tomato. Served with chips....8.50

Grilled Chicken Sandwich

5-ounce boneless, skinless chicken breast in our special marinade, grilled over an open flame...8

Chicken Wrap - Grilled tortilla shell, with your choice of grilled or fried chicken, shredded cheddar cheese, tomato, lettuce and ranch dressing. Choice of white, wheat or tomato tortilla...8.50

Gyro - Your choice of chicken or beef. Served on warm pita bread with feta cheese, lettuce, tomato and onion. Cucumber sauce served on the side...8.50

Lunch and Dinner

Kentucky Favorites

Soup and Salad bar (when available) can be added to any Kentucky Favorite for \$2.99, or substituted for a side item for \$1.00.

Catfish Fillet

Mild catfish fillet, your choice of either rolled in our seasoned meal and fried to a golden brown or seasoned and baked. Served with hushpuppies and your choice of two sides.

One fillet...10 Two fillets....13

Kentucky Hot Brown

Toast points with baked country ham and roasted turkey, smothered in white cheese sauce, topped with tomato, bacon and cheddar cheese....10

Chicken Strips - Boneless strips of white meat chicken breaded in our special seasoned flour and fried to perfection. Served regular or Buffalo style. Served with your choice of two sides....10

Kentucky Fare

Pinto beans, fried potatoes, corncakes and cole slaw. Served with sliced onions....7.50

Grilled Chicken Breast

Boneless chicken breast lightly seasoned and grilled with sautéed mushrooms and onions. Served with your choice of two sides.

One Breast....10 Two Breasts...13

Porterhouse Pork Chop

Twelve ounce center cut Porterhouse pork chop seasoned and grilled to perfection. Served with a side of plum sauce...14

Fried Butterfly Shrimp

Ten perfectly fried butterfly shrimp with your choice of two sides....13

Steaks

Steaks are served with one side item and all you can eat soup and salad.

Cooked to any temperature you would like - Rare, Medium Rare, Medium, Medium Well, Well and Pittsburgh (Crispy on the outside, juicy, and tender on the inside). Served with a side of Kenlake's very own Balsalmic sauce...

6 ounce Ribeye - 13

12 ounce Ribeye- 18

10 ounce Sirloin - 15.50

Sides

All sides 2.50

Baked Potato (available after 5:00 P.M.)

Seasonal Fresh Vegetables

Cole Slaw

French Fries

Onion Rings

Pinto Beans

Sauteed Green Beans

House Salad

Beverages

Fountain Drinks 2.50

John Conti Iced Tea 2.50

John Conti Coffee 2.50

Milk 2.50

Highbridge Springs Bottled Water 1.50

Free refills on coffee, fountain drinks & iced tea.

Consuming raw or undercooked meats, poultry, seafood, shellfish, or eggs may increase your risk of foodborne illness, especially if you have certain medical conditions.

We proudly serve the following Kentucky Proud Products: Harper's Country Ham, Purnell's Sausage, John Conti Coffee and local Kentucky Proud milk products.



Kentucky State Parks restaurants are proud to participate in the following initiatives to provide fresh, nutritious, and delicious food for you and your family while giving back to our state and local communities.



Kentucky State Parks cares about the health and future of your family. That's why they've teamed up with *Better Bites* to offer your family dependable, healthy choices at KY state resorts. (when you're dining out). Each item has been certified to meet nutrition standards without sacrificing taste. Look for the *Better Bites* logo to know you are making a healthy choice! Ask your server for more details.



As a consumer, you face the challenge of making smart food choices for you and your family. Did you know the average meal travels 1,500 miles from the farm to your plate, resulting in lost nutritional value and taste every mile of the way? Buying Kentucky Proud products decreases this distance and ensures that you're eating fresh and nutritious foods while supporting Kentucky's farm families. Buying local products strengthens our local economy by keeping dollars at home and building a sense of community during the process. Kentucky Proud is not only a way to provide safe and nutritious foods for your loved ones, but it is an investment in Kentucky's land, people and its future. Kentucky Grown Keeps Kentucky Growing! <http://www.kyproud.com/>