

10th ANNUAL KENTUCKY STATE PARKS RACE SERIES



KENTUCKY
STATE PARKS

RACE SERIES

A Series of 5K Races
April 5 • May 10 • June 14 • July 12

2014



parks.ky.gov

2014 Kentucky State Parks Race Series

Runners and walkers are invited to compete in a unique series of 5K runs featured at four Kentucky State Parks. Take this opportunity to participate in challenging courses with various park terrains. We encourage runners/walkers to participate in the entire series of races.

Begin the series April 5 at E.P. "Tom" Sawyer State Park in Louisville. Continue the race series at the parks listed below.

Barren River Lake State Resort Park

Taylorsville Lake State Park

Rough River Dam State Resort Park

Bring your whole family for a weekend getaway and enjoy our beautiful state parks.

Awards, T-shirts & Prizes

Awards for each race include an overall male and female winner, and 1st and 2nd place winners of each age division, male and female, including Masters (40-49) and Grand Masters (50 & up). Registration fees for each race include t-shirts that are guaranteed for those registered by the pre-registration deadline. T-shirts will be available to all those registering after the deadline, while supplies last.

Points are awarded for each of the races and combined for a cumulative score. Grand Prize winners will be named during an award ceremony at Rough River Dam State Resort Park in Falls of Rough, KY.

The Grand Prize is awarded to the male and female accumulating the most points upon completion of the series. First runner-up for both male and female categories will receive awards as well. Anyone who participates in the entire series of 5K races will receive a certificate of recognition and will be registered for a special giveaway.

The Point System

Points are awarded for each of the runs and combined for a cumulative score. Points are awarded for both male and female participants as follows.

Time Finishes

18:00 & under: 10 points	26:01 to 28:00: 5 points
18:01 to 20:00: 9 points	28:01 to 30:00: 4 points
20:01 to 22:00: 8 points	30:01 to 32:00: 3 points
22:01 to 24:00: 7 points	32:01 to 34:00: 2 points
24:01 to 26:00: 6 points	34:01 & up: 1 point

Place Finishes

- Overall winner: 5 points
- Grand Masters & Masters: 4 points
- 1st place (each age group): 4 points
- 2nd place (each age group): 3 points
- 3rd place (each age group): 2 points
- Participants completing race: 1 point

Men & Women Age Divisions

15 & under	45-49
16-19	50-54
20-24	55-59
25-29	60-64
30-34	65-69
35-39	70 & over
40-44	

In order to be eligible for series awards, participants must compete in all five races. Pre-registration for the series is not required, but is available. If you do not pre-register for the series but wish to compete in the series, please check the box "Competing in the Series" on each race registration form before each race.

Participants who have a birthday during the series that requires them to change age groups will be competing for awards in the age group they finish the series in.

Be sure to complete and mail the pre-registration forms for the Kentucky State Parks Race Series today or register online at parks.ky.gov/race-series!



April 5, 2014

Goose Creek 5K

E.P. "Tom" Sawyer State Park

Pre-registration fee: Run \$20

Contact: Andrew Cronin 502-429-270

andrew.cronin@ky.gov

May 10, 2014

Spring Hoot 5K

Barren River Lake State Resort Park

Pre-registration fee: Run \$20

Contact: Jamie Avery 270-646-2151

jamie.avery@ky.gov

June 14, 2014

Potomac Ridge 5K

Taylorsville Lake State Park

Pre-registration fee: Run \$20

Contact: Eddie Moore 502-477-8713

eddie.moore@ky.gov

July 12, 2014

Magnolia 5K

Rough River Dam State Resort Park

Pre-registration fee: Run \$20

Contact: Michael Ricks 270-257-2311

michael.ricks@ky.gov

For information on the entire Kentucky State Parks Race Series, contact Lisa Deavers at 502-564-4940 ext. 246, lisa.deavers@ky.gov or visit parks.ky.gov.

KENTUCKY STATE PARKS

FOUNDATION

Donate to the Kentucky State Parks Foundation today. Just add your donation amount to your registration fee when making your payment. Your help is greatly appreciated!

Donation Amount: \$ _____

kentuckystateparksfoundation.org



**Continue the Challenge
With Our Western
Kentucky State Parks
Race Series That Kicks Off
in August!**

Run through the lake parks of Western Kentucky at Kenlake, Kentucky Dam Village, Lake Barkley, and Pennyriple Forrest State Resort Parks, as well as John James Audubon State Park in Henderson.

Look for details at parks.ky.gov.



Looking For a Family Adventure?

The Kentucky State Parks Family Adventure Quest is a digital photo scavenger hunt that you complete at your own pace throughout the year. A \$15 registration fee gets you the following:

- Booklet of 28 Quests
- Commemorative Jute Tote Bag
- Keychain/Compass with Park Logo
- Kentucky State Parks Map & Guide
- Leave No Trace Informational Card

In 2014 we are celebrating parks' 90 anniversary as well as the 280th birthday of Daniel Boone, thus, most of the quests will be tied to park history and Boone's connection to parks. Search for places, find information and pose for photo ops with park features along your way to earning prizes. The more you complete, the more you win! Turn in just 10 completed quests and earn a lodge stay (Sun.-Thurs.) and museum passes for your team. Add to that a \$25 parks gift card for completing 20 quests, or a \$50 gift card for completing 25! Details and registration form at parks.ky.gov.

**Join us in Celebrating 90 Years of
Kentucky State Parks!**