

WESTERN KENTUCKY STATE PARKS RACE SERIES

A SERIES OF 5K RACES/FUN WALKS



2012 SCHEDULE

Aug 25 • Sep 22 • Oct 27 • Nov 10 • Dec 15

2012 Western Kentucky State Parks Race Series

Runners and walkers are invited to compete in a unique series of 5K runs/fun walks featured at five Kentucky State Parks. Take this opportunity to participate in challenging courses with various park terrains. We encourage runners/walkers to participate in the entire series of races. See information for Fun Walk on back of brochure.

Begin the series August 25th at Kenlake State Resort Park in Hardin. Continue the race series at the parks listed below.

Pennyrile Forest State Resort Park
Lake Barkley State Resort Park
Kentucky Dam Village State Resort Park
John James Audubon State Park

Bring your whole family for a weekend getaway and enjoy our beautiful state parks.

Awards, T-shirts & Prizes

Awards for each race include an overall male and female winner, and 1st and 2nd place winners of each age division, male and female. Registration fees for each race include t-shirts that are guaranteed for pre-registered runners. Day of race registrations will be available while supplies last.

Points are awarded for each of the races and combined for a cumulative score. Grand Prize winners will be named during an award ceremony at John James Audubon State Park in Henderson, KY.

The Grand Prize is awarded to the male and female accumulating the most points upon completion of the series. First runner-up for both male and female categories will receive awards as well. Anyone who participates in the entire series of 5K races will receive a certificate of recognition and will be registered for a special giveaway.

The Point System

Points are awarded for each of the runs and combined for a cumulative score. Points are awarded for both male and female participants as follows.

Time Finishes

18:00 & under: 10 points	26:01 to 28:00: 5 points
18:01 to 20:00: 9 points	28:01 to 30:00: 4 points
20:01 to 22:00: 8 points	30:01 to 32:00: 3 points
22:01 to 24:00: 7 points	32:01 to 34:00: 2 points
24:01 to 26:00: 6 points	34:01 & up: 1 point

Place Finishes

Overall winner: 5 points
1st place (each age group): 4 points
2nd place (each age group): 3 points
3rd place (each age group): 2 points
Participants completing race: 1 point

Men & Women Age Divisions

15 & under	45-49
16-19	50-54
20-24	55-59
25-29	60-64
30-34	65-69
35-39	70 & over
40-44	

In order to be eligible for series awards, runners must compete in all five races. Pre-registration for the series is not required, but is available. If you do not pre-register for the series but wish to compete in the series, please check the box **“Competing in the Series”** on each race registration form before each race.

Runners who have a birthday during the series that requires them to change age groups will be competing for awards in the age group they finish the series in.

Be sure to complete and mail the pre-registration forms for the Western Kentucky State Parks Race Series today!

August 25, 2012

Hot August 5K

Kenlake State Resort Park

Pre-registration fee: Run \$15 / Walk \$10

Contact: Cathy Clark 270-474-2211

cathyj.clark@ky.gov

September 22, 2012

Run Through the Forest 5K

Pennyrile Forest State Resort Park

Pre-registration fee: Run \$15 / Walk \$10

Contact: Rebecca Clark 270-797-3421

rebecca.e.clark@ky.gov

October 27, 2012

Trick or Trot 5K

Lake Barkley State Resort Park

Pre-registration fee: Run \$15 / Walk \$10

Contact: Chris Scott 270-924-1131

christopherd.scott@ky.gov

November 10, 2012

Stars and Stripes 5K

Kentucky Dam Village State Resort Park

Pre-registration fee: Run \$15 / Walk \$10

Contact: Laura Jackson 270-362-4271

laura.jackson@ky.gov

December 15, 2012

Reindeer Run 5K

John James Audubon State Park

Pre-registration fee: Run \$15 / Walk \$10

Contact: Mark Kellen 270-826-2247

mark.kellen@ky.gov

For information on the entire Western Kentucky State Parks Race Series, contact Lisa Deavers at 502-564-4940 ext. 246, lisa.deavers@ky.gov or visit parks.ky.gov.

KENTUCKY STATE PARKS

FOUNDATION

Donate to the Kentucky State Parks Foundation today. Just add your donation amount to your registration fee when making your payment. Your help is greatly appreciated!

Donation Amount: \$ _____

kentuckystateparksfoundation.org