



*Welcome to
Rowena Landing
at
Lake Cumberland
State Resort Park*

Breakfast Menu



— Healthy Start —

Oatmeal

Served with toast, brown sugar, 2% milk and a choice of banana, raisins or pecans...5

Fruit Cup

Filled with the season's freshest fruits...4

Mom's Favorite

Cereal and 2% milk. Ask your server for today's selections. Served with toast and a choice of bananas, blueberries or strawberries (seasonal)...5

— Breakfast Sandwiches —

The BLT

The classic on whole wheat or white toast...5

Breakfast Biscuit

Your choice of bacon, Purnell's Sausage or Harper's Country Ham on a freshly baked biscuit...3

First Cast

A toasted English Muffin with egg, cheese and your choice of bacon or Purnell's Sausage...4

Breakfast Burrito

The perfect meal to go. A flour tortilla surrounds scrambled eggs, peppers, ham, onions and melted cheese...5

— Breakfast Sides —

Grilled English Muffin...2

Freshly Baked Biscuits or Toast...2

Bagel with Cream Cheese...2

Breakfast Potatoes...2

Southern-Style Grits...2

Fried Apples...2

One Pancake...2

Bacon (3)...2.50

Purnell's Sausage Patties (2)...2.50

Sugar Cured Ham...3.50

Harper's Country Ham...4

One egg...2

Two eggs...3

— Beverages —

Freshly Brewed Coffee...2.50

Iced Tea...2.50

Orange Juice...2.50

Apple Juice...2.50

Tomato Juice...2.50

2% Milk...2.50

Chocolate Milk...2.50

Free refills on coffee, fountain drinks and iced tea



We proudly serve the following Kentucky Proud Products: Harper's Country Ham, Purnell's Sausage and local Kentucky Proud milk products.

Consuming raw or undercooked meats, poultry, seafood, shellfish, or eggs may increase your risk of foodborne illness, especially if you have certain medical conditions.

— Park Favorites —

Bluegrass Platter

We'll bring you two eggs any way you like them. Served with breakfast potatoes and your choice of Purnell's Sausage Patties, bacon or sugar cured ham and biscuits or toast...8

Pork Tenderloin

Mitchell's Pork tenderloin from Barbourville, Kentucky seasoned and grilled. Served with two eggs, breakfast potatoes and your choice of biscuits or toast...9

Steak & Eggs

Marinated 6 ounce ribeye steak with two eggs. Served with breakfast potatoes and your choice of biscuits or toast...10

Kentucky Eggs Benedict

A Bluegrass spin on a breakfast tradition. A freshly baked biscuit topped with thinly sliced Harper's Country Ham, a fried egg and creamy milk gravy. Served with breakfast potatoes...9

Triple Crown

Buttermilk pancakes with maple syrup, two eggs, bacon and Purnell's Sausage Patties...8

Commonwealth Country Ham Platter

Harper's Country Ham with a side of red-eye gravy, two eggs, breakfast potatoes and fried apples. Your choice of freshly baked biscuits or toast...9

Biscuits & Gravy

A Kentucky favorite. Freshly baked biscuits smothered with creamy milk gravy...4

— Omelets —

All omelets served with breakfast potatoes and biscuits or toast.

The Works

Ham, bacon, sausage, mushrooms, onions, tomatoes, diced peppers and cheese...8.50

Vegetable

Onions, mushrooms, tomatoes, peppers and cheese...7.50

Meat Lovers

Bacon, ham, and sausage with cheese...8.50

Cheese

Perfect for the cheese lover...7

Country Ham and Cheddar

Tender Harper's Country Ham and mild cheddar cheese...9

— Sweeter Side —

Pancakes

A stack of three pancakes served with plenty of whipped butter and maple syrup.

Plain...5 Blueberry...6 Pecan...6

French Toast

Cinnamon swirled Texas toast dipped in egg batter and topped with sugar. Served with maple syrup and whipped butter...6

History of Lake Cumberland State Resort Park

Established in January 1, 1951

In 1750, Dr. Thomas Walker, the first frontiersman into Kentucky, stood on a high bluff overlooking a giant river. Impressed by this stream flowing from the mountains of southeastern Kentucky, he named it in honor of the Duke of Cumberland, son of George II of England. Some 200 years later, Wolf Creek Dam was constructed on the Cumberland River forming Lake Cumberland, the third largest lake in Kentucky.

On January 1, 1951, the Secretary of the Army granted 2,791 acres of land to the Commonwealth of Kentucky to be developed as a state park recreation area. Construction began that year on a lodge and access road into the park. Although small, it was considered to be an outstanding park facility when completed in 1952. Originally called Lure Lodge because of the fine fishing on the lake, the name was changed to Pumpkin Creek Lodge when the present lodge opened in 1962. Built with park labor, the Pumpkin Creek Lodge featured 15 rooms, a dining room for 40 guests, and an entrance lounge with a rustic stone fireplace.

There was a great demand for dock facilities on the new lake and a new dock was completed and placed in operation in 1952. Originally located at the old Rowena Ferry site, the dock moved to its present location after the road into the park was completed. Throughout the rest of the 1950s, park development included completion of 10 rustic vacation cottages, a campground with service facilities, roads and parking areas, general landscaping and acquisition of additional acreage to protect the park entrance.

The new Lure Lodge was built on a steep cliff overlooking one of the broadest expanses of water on Lake Cumberland. When its first guests arrived on September 8, 1962, Lure Lodge had 24 guest rooms. Three years later, 24 additional rooms were added as was a lodge pool and bathhouse.

Lake Cumberland State Resort Park remains one of the premier Kentucky State Resort Parks and a major tourist attraction in Russell County and south central Kentucky.

