Lake Barkley State Resort Park

Traditional Breakfast ........................................................................................................ $10
Two eggs any style, with your choice of bacon, sugar cured ham or Purnell's sausage patties. Served with breakfast potatoes and your choice of a biscuit with gravy or toast.

Kentucky Favorite ........................................................................................................ $12
Two eggs any style with country ham. Served with breakfast potatoes and your choice of a biscuit with gravy or toast.

Biscuits & Gravy ........................................................................................................ $7
Fresh baked buttermilk biscuits smothered in creamy sausage gravy. Served with breakfast potatoes.

Lighter Fare ............................................................................................................. $7
Your choice of oatmeal or breakfast cereal with a fresh fruit cup. Served with white or wheat toast.

Breakfast Biscuit ........................................................................................................ $7
Fresh baked biscuit with your choice of a breakfast meat, a fried egg and cheese. Served with breakfast potatoes.

Breakfast Burrito ....................................................................................................... $9
A flour tortilla filled with your choice of sausage, ham or bacon, scrambled eggs, cheese, peppers and onions. Served with breakfast potatoes.

BLT ................................................................................................................................. $9
The classic on your choice of white or wheat toast. Served with breakfast potatoes.

Pancakes ....................................................................................................................... $7
Three pancakes served with whipped butter and warm maple syrup. Add bacon or sausage for $3

Beverages .................................................................................................................. $2.50
Iced Tea, Fountain Drinks, Milk, Coffee, & Juice

From The Bar ............................................................................................................... $6
Mimosa or Bloody Mary *Not available on Sunday

CONSUMING RAW OR UNDER COOKED MEATS, POULTRY, SEAFOOD, SHELLFISH OR EGGS MAY INCREASE YOUR RISK OF FOODBORNE ILLNESS. ESPECIALLY IF YOU HAVE CERTAIN MEDICAL CONDITIONS.
History of Lake Barkley State Resort Park

The park’s original land area on the east shore of Lake Barkley officially became part of the Kentucky State Park system on December 1, 1964. The Secretary of the Army approved, by an Act of Congress, a lease of approximately 1,800 acres of lakeshore land to the Commonwealth of Kentucky. The purpose of the lease was for the Department of Parks to develop a public park and recreation area. The term of the lease was for a period of 50 years beginning December and extending to November 30, 2014. To expand the land area for other development and an 18-hole golf course, the Commonwealth of Kentucky acquired additional holdings from private landowners. These additions amounted to approximately 1,400 acres and brought the park’s total acreage to about 3,200.

Soon after the land acquisition, the development began. Areas to be developed were cleared, a temporary road network was established, landscape that was to be submerged by the coming waters of Lake Barkley was sculpted and graded, and a marina was placed in operation. During this time, an application for full-scale development was presented to the Economic Development Administration.

In the spring of 1966, the project for Lake Barkley State Resort Park was approved and a grant for $3,987,000 was made to the Commonwealth of Kentucky, Department of Parks. The grant only covered 50% of the total project that was presented for consideration. The park opened on December 1, 1967, with its luxurious lodge being dedicated on June 1, 1970.

The lodge is celebrated as being the largest single-story wood structure in the United States built since 1950. Constructed of Western Cedar, Douglas Fir, and three-and-one-half acres of glass, the Barkley Lodge complex provides a lake view from the private balconies of most of the 120 rooms and four suites. The park’s land area now covers 3,600 acres and with completion of all its facilities, it is the most elaborate in the Kentucky State Park System.

The park is located in Trigg County, Kentucky. The county was created in 1820 and named in honor of Stephen Trigg. Trigg first came to “the District of Kentucky” from Virginia in the fall of 1779. Trigg gained notoriety for anti-Indian activities. He was fatally wounded in the Battle of Blue Licks in 1782.

The Little River flows out of Christian County and across portions of Trigg County to its confluence with the Cumberland River near the park. The impounding of a portion of Cumberland River has afforded Kentucky the beautiful and majestic Lake Barkley.

U.S. Congress, in honor of the late Senator and Vice President Alben Barkley, named the reservoir Barkley Reservoir. The project called for the construction of a multi-purpose earth and concrete dam, navigation lock, and a hydropower generating plant. The project was of key importance to a plan for development of the water resources of the Cumberland River and its tributaries in Kentucky and Tennessee. The plan also provided flood control to the Ohio River. From the dam near Grand Rivers Kentucky this manmade lake extends southward across Livingston, Lyon, Caldwell, and Trigg counties to the Tennessee State line and beyond. An interconnecting canal is located along a narrow ridge that once separated the Tennessee and Cumberland Rivers. The canal now connects Lake Barkley and Kentucky Lake and provides access for boats between the two bodies of water. At normal pool, Lake Barkley features approximately 58,000 surface acres of water for recreational purposes.