NATURAL BRIDGE
STATE RESORT PARK

TRAIL        DISTANCE(mi.)        HIKING TIMES(hrs.)
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#1 The Original          0.75                  1
#2 Balanced Rock         0.75                  1
#3 Battleship Rock       0.75                  1
#4 Rock Garden           1.75                  2
#5 Sand Gap              7.50                  6-8
#6 Hood’s Branch         3.00                  6-8
#7 Henson’s Arch         0.25                  .75
#8 Lakeside              0.25                  .75
#9 Laurel Ridge          0.75                  1
#10 Low Gap              0.50                  .75
#11 Upper Hood’s Branch  0.75                  1
#11 Whittleton           2.00                  2

MAP IS NOT TO SCALE

Kentucky State Parks
"the nation’s finest"